Diapers are as essential to a baby’s healthy development as a mother’s love. Keeping infants and toddlers clean, dry, and healthy is key to building a solid foundation for all children to reach their full potential. But one in three families struggles to provide clean diapers for their baby.

New Hampshire's Children Need Diapers

New Hampshire

38,149
Total Population
Under Age 3

United States

11,936,322
Total Population
Under Age 3

- 15% of children under age 18 are infants or toddlers
- 14% Live in families earning less than 100% of FPL *
- 15% Live in families earning 100% to 200% of FPL
- 20% Live in families earning less than 100% of FPL*
- 22% Live in families earning 100% to 200% of FPL

* FPL = Federal Poverty Level

Rev. Date 11/2018
Children in low-income families are at greatest risk of suffering the effects of diaper need because many families can't afford diapers. Current public support programs help some, but young children have additional needs necessary to build a strong foundation for healthy growth and to reach their full potential.

<table>
<thead>
<tr>
<th>Category</th>
<th>New Hampshire (%)</th>
<th>United States (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of SNAP Recipients Under Age 5</td>
<td>14</td>
<td>13</td>
</tr>
<tr>
<td>Percentage of WIC Recipients that Are Infants</td>
<td>22</td>
<td>23</td>
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<tr>
<td>Percentage of TANF Families with at Least One Child Under Age 3</td>
<td>30</td>
<td>32</td>
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<tr>
<td>Percentage of Births Covered by Medicaid</td>
<td>26</td>
<td>43</td>
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</tbody>
</table>
Diapers Are Essential to the Well-Being of New Hampshire's Families

Most child care facilities require parents to provide diapers for their child. Nationally, 57% of parents experiencing diaper need who rely on child care said they missed an average of four days of school or work in the past month because they didn’t have diapers.

Cost of Infant Care as a Percentage of Income

- 12% Two-Parent Households
- 13% United States
- 40% Single-Parent Households
- 44% United States

New Hampshire

Early Education Programs Help New Hampshire's Children

Early Head Start provides child and family development services for infants, toddlers, and pregnant women. Center-based EHS programs provide diapers for infants and toddlers. Other federally funded child care assistance programs don’t. For families enrolled in the latter, not having access to diapers removes a key building block for strong families. Without diapers a parent cannot go to work, and not working disqualifies a parent from vital child care resources.

Nationwide, 154,352 infants, toddlers, and mothers participate in Early Head Start. 385 are from New Hampshire.

Children Under Age 3 Receiving Federal Child Care Support

- 28% New Hampshire
- 28% United States
An average monthly supply of diapers costs approximately $80. The only federal assistance program that can be used for diapers is TANF, but TANF has to cover many other expenses, including heat, electric and water bills, rent, clothing, transportation, and other basic needs. Little if any money is available to purchase enough diapers to keep a baby clean, dry, and healthy.

In New Hampshire, there is a 12 month exemption from the work-related activity requirement after the birth of a child for single parent households receiving TANF payments.

New Hampshire's Diaper Banks Help Fill the Gap

New Hampshire’s 2 NDBN-member diaper banks distribute 12,624 diapers annually.
The National Diaper Bank Network works to ensure that every child in the United States has enough diapers to remain clean, dry, and healthy. Diaper banks across the country are working to eliminate diaper need by providing families with diapers.

200+ NDBN-member diaper banks distribute over 64 million diapers annually!

All diaper banks require community support and donations of diapers and dollars to improve the well-being of children and families in local communities.

Learn how you can help at nationaldiaperbanknetwork.org

National Diaper Bank Network
@diapernetwork
@diapernetwork